



# FAMILY FUN DAY

APRIL 26 2025



LA County  
Child Abuse  
Prevention  
Councils



Herald Christian Health Center  
基督教角聲醫療中心



# HCHC &

## Partnering Organizations

### *April is National Child Abuse Prevention Month.*

To raise awareness about child abuse, educate the public on recognizing signs of abuse and neglect, and empower individuals to take action, Herald Christian Health Center (HCHC) in collaboration with the Los Angeles County Child Abuse Prevention Councils (LAC-CAPCs), Eastside Child Abuse Prevention Council (ECAPC), and SPIRITT Family Services, held a Family Fun Day on Saturday, April 26, 2025.

The event was a great success, attracting 41 families and nearly 150 participants. This marked our first event bringing Asian and Hispanic families together, with 15 Hispanic and 26 Asian families attending. Even in heavy rain, families arrived with enthusiasm and a strong sense of community, making the event an educational and meaningful multicultural experience.



ECAPC members and staff from HCHC and SPIRITT Family Services had a great time working together.

# Community Resources



## Family Fun Day (4/26) Día de Diversión Familiar (4/26)



Please visit \_\_\_ tables and then complete a survey to get a gift card.

Visite \_\_\_ mesas y luego complete una encuesta para obtener una tarjeta de regalo.

**\*While Supplies Last Hasta agotar existencias\***

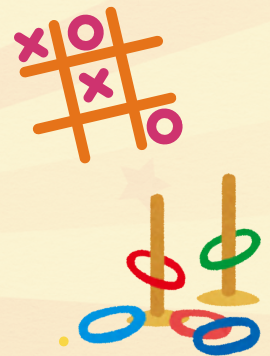
- ☐ Herald Christian Health Center
- ☐ Eastside Child Abuse Prevention Council
- ☐ SPIRITT Family Services
- ☐ Stop the Bleed with LADPH
- ☐ Hands Only with LADPH
- ☐ Peace Over Violence
- ☐ LA Care & Blue Shield Promise El Monte Community Resource Center
- ☐ Catalyst SGV
- ☐ Emanate Health
- ☐ Parents Anonymous
- ☐ Five Acres



# Fun Activities For Kids

## GAME ZONE

We set up interactive games such as Connect 4, Tic-Tac-Toe, Jenga, Ring Toss, Limbo, and Cornhole. The kids loved them all!



## HANDS-ON ATTRACTIONS

We also set up an Arts & Crafts Corner for children to create DIY designs. Additional activities, such as face painting, balloon art, and a photo booth, added extra layers of fun to the event.



# Live Interactive Shows

To encourage parent-child engagement, we organized a variety of activities, including a magic show, exercise sessions, and story telling time.

The magic show was a major highlight of the event! The magician invited both parents and children to join his interactive performance on stage.

**FAMILY FUN DAY**  
APRIL 26 2025



## Event Agenda

## Agenda del evento

10:00 am - 1:00 pm

Community Resources  
Recursos comunitarios

10:15 am

Opening Speech  
Apertura

10:00 am - 12:45 pm

Photobooth  
Cabina de fotos

10:30 am - 1:00 pm

Balloon Art  
Arte con globos

• 10:45 am

• 12:15 pm

Exercise Session  
Sesión de ejercicios

Face Painting  
Pintura facial

Art & Craft  
Arte y artesanía

• 11:15 am

• 12:45 pm

Story Time  
La hora del cuento

11:30 am - 12:00 pm

Magic Show  
Espectáculo de magia

Raffle

Rifa

Starts at 10:30 am  
every 30 mins

12:50 pm

Closing

Cierre



During the exercise sessions, many families worked out side by side. Look at this young child giving it their all and showing such great effort.

**GREAT JOB!**



# Learning Through Story Time



Children and parents enjoyed a special story time featuring Diggery Doo the Dragon from the book “Teach Your Dragon Online Safety” — a fun and engaging way to introduce online safety to our young audience.

We also raffled off storybooks, including “Good Touch Bad Touch”, “Body Boundaries”, “I said No!”, and other stories focusing on children's safety awareness. Parents were encouraged to read these stories with their children and use them as tools to teach personal safety and self-protection at home.

## Five Protective Factors

### Defining the Five Protective Factors

Families are supported to build:

#### Parental Resilience

The ability to recover from difficult life experiences, and often to be strengthened by and even transformed by those experiences.

#### Social Connections

The ability and opportunity to develop positive relationships that lessen stress and isolation and help to build a supportive network.

#### Knowledge of Parenting and Child Development

The ability to exercise effective parenting strategies to guide and know what to expect as children develop in multiple domains (physical, cognitive, language and social and emotional).

#### Concrete Support in Times of Need

Access to supports and services that reduce stress and help to make families stronger.

#### Social and Emotional Competence of Children

Family and child interactions that help children develop the ability to communicate clearly, recognize and regulate their emotions and establish and maintain relationships.

strengthening families

CHILDREN'S  
Alliance

During the event, we distributed a handout to help parents learn how to strengthen their families. The resource was made available in English, Spanish, and Chinese for our diverse communities.

The handout highlighted the Five Protective Factors:

Parental Resilience

Social Connections

Knowledge of Parenting and Child Development

Concrete Support in Times of Need

Social and Emotional Competence of Children

# Lucky Moments



Many thanks to our generous vendors and supporters for donating nearly 30 raffle prizes. We held five exciting raffle sessions, and this lucky winner was thrilled to receive one of the wonderful gifts donated by CeraVe.



During the event, we conducted a survey with 39 families.

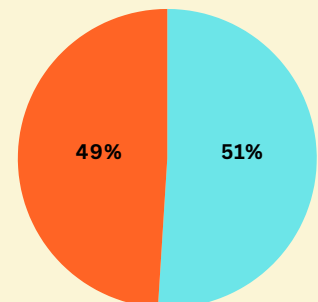
All participants (100%) learned that April is the National Child Abuse Prevention Month. When asked, “Who can best protect children?”, 100% correctly identified parents and family.

Every family also reported learning something new about how to protect their children through the event.

In response to the question, “If you know a child is being abused, what would you do?” 51% said they would call the police, and 49% said they would contact Child Protective Services.

100% of respondents pledged to protect their children forever and signed on our Promise Wall.

- Call the police
- Contact Child Protective Services





# Thank You for the Partnership!

Herald Christian Health Center would like to extend our appreciation to LAC-CAPCs, ECAPC, and SPIRITT Family Services for the collaboration and for entrusting us to hold the event at our El Monte Wellness Center. Through this event, we hope the community was reminded of the importance of spending quality time and engaging in activities with their children. Together, let us protect our children, love them, and create a world that is safe for them to grow!



↑ SPIRITT Family Services provided tremendous support and was instrumental in making this event a success.

← Elvia Torres, CEO of SPIRITT Family Services (Right) trusted that the event effectively delivered its message of child abuse prevention.

## Mission of ECAPC

To bring awareness to child abuse and neglect and promote the five protective factors through outreach, advocacy, trainings, and community events in the San Gabriel Valley communities in partnership with parents, professionals, and organizations to reduce and eliminate occurrences of child abuse.



Ernestina Wong, a member of ECAPC, shared the ECAPC's mission with our participants.